

# **Poisonous Plants**



### www.pharmacy.arizona.edu/poisoncenter

#### **Poisonous Plants**

This is a list of commonly found plants that can be dangerous to touch or eat. There are many other plants than can make you sick or cause a bad reaction. Just because a plant is NOT listed here does not mean it is safe.

Candelabras Cactus (Euphorbia Lactea)

Carolina Jessamine (Gelsemium Sempervirens)

Castor Bean<sup>1</sup> (Ricinus Communis)

Century Plant (Agave Americana)

Chinaberry Tree (Melia Azedarach)

Dumbcane (Dieffenbachia)

Eucalyptus

Foxglove<sup>2</sup> (Digitalis)

Jimson Weed<sup>3</sup> (Datura Stramonium)

Lantana (Lantana sp.)

Mexican Bird of Paradise (Caesalpinia gilliesii)

Mistletoe (Phoradendran species)

Oleander (Nerium oleander)

Philodendron (Philodendron species)

Pothos (Epipremnum aureum)

Silver Leaf Night Shade (Solanum elaeagnifolium)

Texas Mountain Laurel<sup>4</sup> (Sophora secundiflora)

Tree Tobacco (Nicotiana Glauca)

Virginia Creeper (Parthenocissus inserta)

Yellow Oleander (Thevetia peruviana)



# **Plant Safety Tips**

- Know the names of all your plants, both indoor and outdoor.
- Label each of your plants with the common and botanical name.
- To help correctly identify a plant, take as much of the plant as possible (leaf, stem) to nursery, florist or cooperative extension site.
- · Pets, especially dogs, also eat plants.
- Do not think that a plant is not poisonous because animals eat it.
- Remove all mushrooms from your yard.
  Only trained experts can correctly identify edible mushrooms.
- Teach children to not put any part of a plant in their mouths.

#### **First Aid for Plant Poisoning**

Call the Poison Center right away at 1-800-222-1222. Do not wait for the person to look or feel sick. Save the other parts of the plant for identification.

**MOUTH:** Remove any parts of the plant from the mouth. Give a small amount of water to drink.

**SKIN:** Wash any skin exposed to the plant with soap and water right away. Remove any clothing that has been in contact with the plant.

Remember any plant can cause choking or an unexpected reaction. If a reaction occurs call 911.

# Nonpoisonous Plants

The following is a list of 20 plants that are considered safe to have around the home. Because a plant is listed here that does not mean it is edible. Several of the plants listed below, although not considered poisonous, may cause a rash or irritation when in contact with the skin. These plants will be identified with an (\*).

Asparagus Fern\*5 (Asparagus densiflorus)

Bougainvillea (Bougainvillea species)

Carnation\* (Dianthus caryophyllus)

Christmas Cactus (Schlumbergera bridgesi or Zygocactus trumcatus)

Chrysanthemum\* (Chrysanthemum species)

Coyote Gourd (Cucurbita digitata)

Fig\* (Ficus benjamina and other species)

Geranium\* (Pelargonium species)



Heavenly Bamboo (Nandina domestica)

Jade Plant (Crassula argentea)

Marigold\*6 (Tagetes species)

Mesquite (Prosopis species)

Mother-in-law tongue/Snake Plant\* (Sansevieria trifasciata)

Palms (Palmaceae species)

Palo Verde (Cercidum species)

Poinsettia<sup>7</sup> (Euphorbia pulcherrima)

Pyracantha (Pyracantha species)

Schefflera\* (Schefflera actinophylla)

Spider Plant (Chlorophytum comosum)

Wandering Jew (Callisia/Tradescantia or Zebrina species)

